



MESSAGE FROM OUR CHAIR OF TRUSTEES

JONATHAN FREEMAN, MBE
Chair of Trustees

“This report powerfully demonstrates the impressive impact that the charity has delivered and the importance of our work to local, regional and national communities.”



This report sets out, yet again, the incredible difference that the work of Carers Worldwide is making to the lives of so many individuals with caring responsibilities and their families. It is a powerful testament to the skilled and dedicated work of our staff, our partners, and my colleague trustees.

Over the last two years as Chair of Trustees, I have had the opportunity to see for myself the pressing need for our work and, most importantly, the power of our work on the ground.

In my visits to India, Bangladesh and Nepal, in some of the poorest communities, I have seen how lonely and unsupported those caring for loved ones can be. I have witnessed how the economic potential of individuals can be taken away at a stroke when they have to care for family members. Most importantly, I have seen how caring responsibilities can take away individuals' health, well-being and even their dignity.

My visits, however, have been uplifting and a cause for optimism. This is because I have seen directly the power of Carers Worldwide's deceptively simple model. The five elements of our model, delivered by the brilliant local partners we carefully select, transform whole communities. Time and again, I spoke to those caring for loved ones in the most challenging of situations and saw how our work was giving them back their health, their potential and their opportunity to live fulfilling lives.

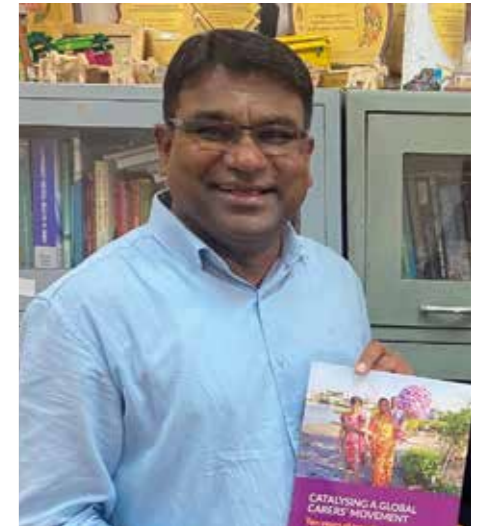
I have also seen the benefits that this carefully delivered package of interventions brings to carers, to those they care for, their families, and to their wider communities. The Carers Worldwide Model is a brilliant example of genuinely sustainable development, delivering powerful long-term social impact in return for very modest investment.

This report powerfully demonstrates the impressive impact that the charity has delivered and the importance of our work to local, regional and national communities. Whilst I take great pride in the positive impact this report highlights, it makes me even more impatient to deliver our significant long-term growth ambitions. We know that there are so many more communities where support for unpaid family carers is desperately needed, and this report only strengthens our resolve to increase the scale and pace of change.

MESSAGE FROM OUR FOUNDER AND EXECUTIVE DIRECTOR

DR ANIL PATIL
Founder and Executive Director

“Together, we are creating a profound impact in the lives of carers. With your support, we can realise a future where carers everywhere receive the recognition, support, and respect they deserve.”



I am delighted to present our annual impact report, offering a glimpse into our groundbreaking achievements in empowering unpaid family carers in India, Nepal, and Bangladesh. At the start of this report, I would like to highlight some key accomplishments.

Through persistent advocacy, we successfully convinced the Government of Karnataka to observe Carers Day statewide, a historic first. The Government also committed to promoting 7,000 carers' groups and introduced a carers' allowance, two more firsts. This official recognition validates our tireless work and underscores its importance.

This year, we have established national alliances for carers in each of our countries of operation, bolstering our advocacy and support networks, and enabling collaboration with diverse stakeholders, including corporates, policymakers, and academics.

The post-COVID19 landscape has heightened our commitment to addressing the mental health challenges faced by carers. We have launched dedicated programmes focusing on peer support, locally available counselling, and strengthening local government systems, which we are currently implementing in Odisha, Andhra Pradesh, and Tamil Nadu states in India.

Four of our long-standing partners have become resource partners this year: SAMUHA Samarthyaa, SACRED and NBJK in India, and LEADS in Nepal. They will continue to play a pivotal role within the Carers Worldwide family, championing carers and supporting new partners. This exemplifies our catalytic approach and promises a brighter future for thousands of carers across South Asia.

None of these achievements would have been possible without the generous support of our donors and supporters. Thank you for believing in our vision of a world where every carer is valued and their needs met. My deep appreciation goes to our Trustees in the UK and India, our dedicated staff, and our skilled partner NGOs in India, Nepal, and Bangladesh. Most importantly, thank you to the carers and families who trust us, allow us into their lives, and help shine a spotlight on carers and caring.

Looking ahead, I am excited about our strategic plan for 2023–2025, which focuses on expanding our reach and diversifying our approach. Our goal is to transform the lives of 150,000 carers and 450,000 family members across South Asia. We are also exploring expansion into Pakistan, a vital step in building a region-wide carers' movement.

Together, we are creating a profound impact in the lives of carers. With your support, we can realise a future where carers everywhere receive the recognition, support, and respect they deserve. Thank you for being a part of the Carers Worldwide journey.



VISION, MISSION AND STRATEGIC GOALS

Launched in 2012, Carers Worldwide is the only organisation working exclusively and strategically with unpaid family carers in low- and middle-income countries. We are proud to have so far transformed the lives of **183,641 carers and family members**.

We **promote recognition** of unpaid family carers and **draw attention to their needs** amongst communities; local, national and international NGOs; service providers; academics; the corporate sector and local and national Governments across India, Nepal and Bangladesh.

We **partner** with carefully selected **local charities** in our countries of operation, **train** their staff to work with carers and **together implement** programmes and strategies that holistically transform the mental, physical, social, and economic well-being of carers.



VISION

Our Vision is a world in which every carer is valued and their needs are met.



MISSION

Our Mission is to achieve recognition of the role of carers and to transform the lives of carers, their families and their communities.



STRATEGIC GOALS

Our strategic goal is to **act as a catalyst** to:

- **Change attitudes and promote support** for carers, their families and communities, empowering them towards better health, well-being and economic security
- **Inspire systemic change** in the government, private and third sectors so they recognise and respond to the needs of carers

OUR CORE VALUES



We Challenge

We constantly look for ways to innovate and evolve, and challenge others to do the same.



We Ignite Imaginations

We inspire ambition and bold ideas to tackle the issues facing carers everywhere.



We Amplify Voices

We listen to and value everyone's voice, amplifying the voices of those currently unheard.



We Inspire Change

We empower people and organisations to make lasting changes for carers and their communities.

LIVES TRANSFORMED SINCE 2012



30,566 CARERS



30,811 PEOPLE THEY CARE FOR



122,264 FAMILY MEMBERS

WHY WE EXIST

86% OF CARERS ARE FEMALE

There is an assumption that women and girls will be the family members that provide care. Removing girls from school and women from the workforce perpetuates gender inequality.

86% OF CARERS REPORT FEELINGS OF LONELINESS AND ISOLATION

Carers get little respite and miss out on social opportunities, friendships and work.

70% OF CARERS ARE NOT EARNING

90% of carers are of working age but typically 70% cannot work. 81% of those not working said this was because of their caring responsibilities and the lack of any other person with whom to share care.

73% OF CARERS REPORT HEALTH PROBLEMS

As few as 5% of carers seek medical treatment, either because of caring responsibilities or a lack of money.

76% OF CARERS EXPERIENCE STIGMA

Carers report being excluded from social events, with their caring role receiving no value in the eyes of their communities.

90% OF CARERS WORRY ABOUT THEIR FINANCIAL SITUATION

Carers worry about meeting both their family's basic needs and the additional costs of treatment, therapy and education.



Data drawn from baseline surveys carried out in 2021 and 2022 in partnership with the Narendra Foundation, BIRDS and Margadarshi in India and Centre for Disability in Development in Bangladesh.

"When my daughter was born with cerebral palsy, my family told me they would not support me."

CARER FROM NEPAL

"I face negative attitudes from the community because of my son's disability. I feel depressed because of my situation and also in a lot of physical pain: I have to carry my son everywhere and so my back and shoulders are always hurting."

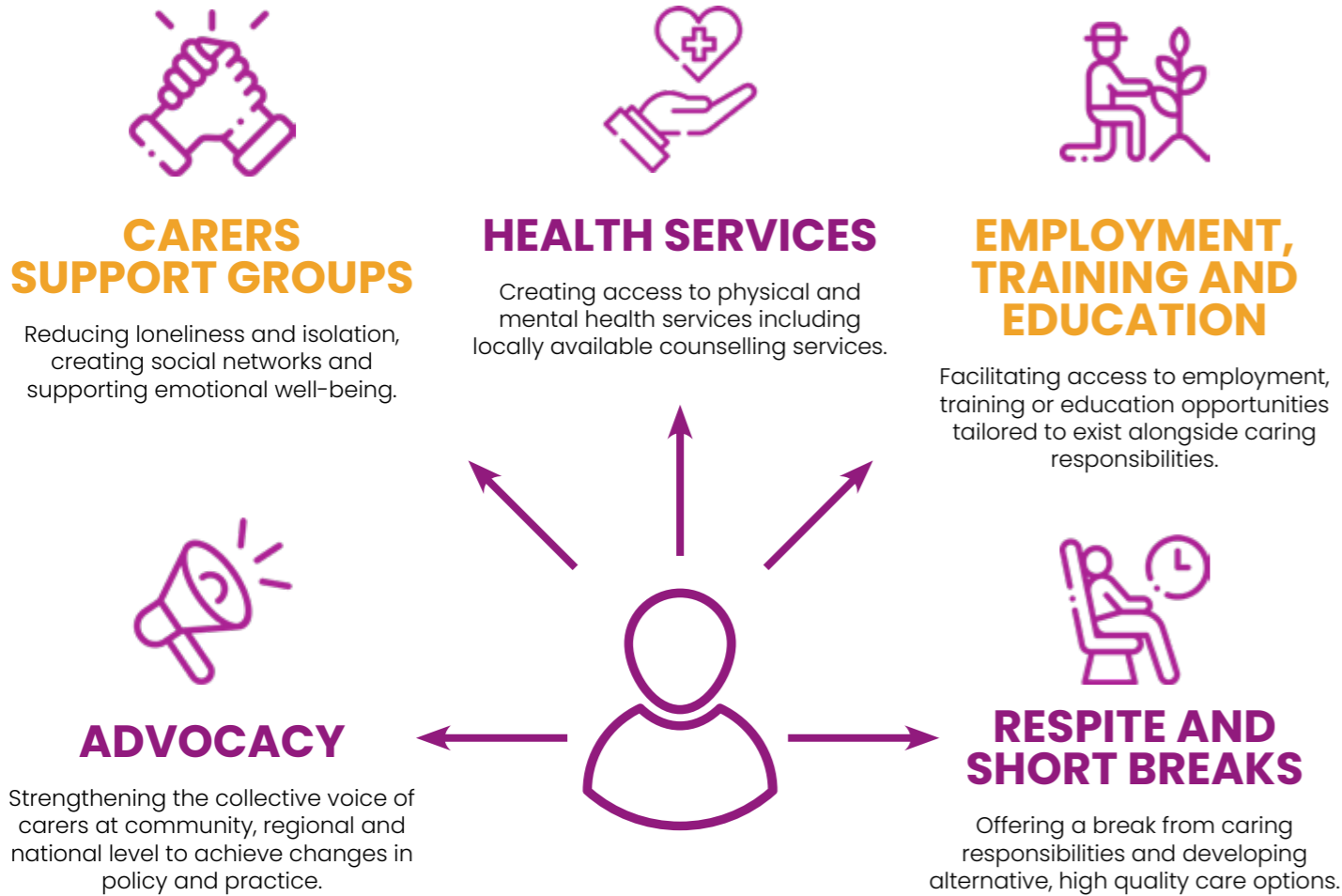
CARER FROM BANGLADESH

"My experiences as a sibling are different to my friends. I feel left out."

YOUNG CARER FROM INDIA

OUR APPROACH AND ITS IMPACT

We have developed our Carers Worldwide Model, comprising of five core elements which together transform the holistic well-being of carers.



<h4>CARERS GROUPS</h4> <p>1,165 Carers Groups</p> <p>86 Cluster-level Carers Committees</p> <p>Equivalent of £140,500 saved in group savings accounts</p>	<h4>HEALTH SERVICES</h4> <p>987 health professionals trained</p> <p>862 partner staff and carers trained in barefoot counselling</p> <p>12,710 carers accessed health services</p>	<h4>EMPLOYMENT, TRAINING AND EDUCATION</h4> <p>9,220 carers accessing government support</p> <p>532 young carers back in education</p> <p>Equivalent of £373,065 available in revolving funds for livelihoods and other initiatives</p> <p>10,281 carers now earning an income due to our training and support</p>
<h4>ADVOCACY</h4> <p>14 Carers Associations and 2 Carers Co-operatives</p> <p>4 divisional level multistakeholder Carer Forums</p> <p>5 state level multistakeholder Carer Forums</p> <p>3 national level Alliance for Carers</p> <p>Equivalent of £2.23 million of government support accessed</p>		<h4>RESPIRE AND SHORT BREAKS</h4> <p>63 Community Caring Centres</p> <p>5,170 carers accessing short breaks opportunities</p>

WORKING IN PARTNERSHIP

The role of Carers Worldwide is to act as a **catalyst for change**. By forming **strategic partnerships with local NGOs** and other well-established organisations skilled in working with their own communities, together we can bring about rapid changes in awareness, attitudes and support for carers. This emphasis on **co-creation and locally led change**, ensures our programmes are constantly evolving and effectively meet the needs of carers and those for whom they care. Increasingly, **carers themselves are at the forefront of these developments**. They are best placed to know the issues that affect them and their families. By strengthening their capacity to articulate their needs and to advocate for change, through equipping them with the skills they need and building their confidence, we are ensuring **the right change is being made, for the right reasons and in a way that is sustainable**.



“SACRED’s collaboration with Carers Worldwide and support for their new partners is vital because we are committed to amplifying family carers’ voices, addressing their needs, extending our impact, engaging communities, and securing a sustainable and inclusive future for all.”

Thippanna C.C, Founder Director, SACRED



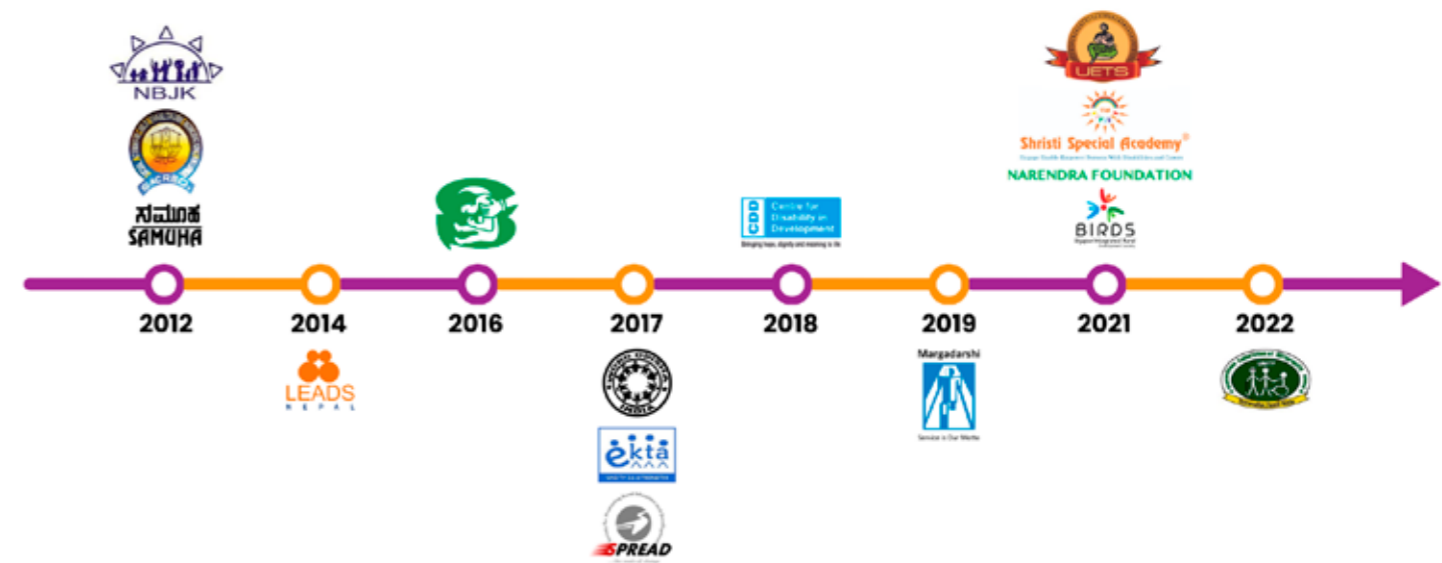
“Vasantham Federation has realised that the role of carers is not recognised, and the importance of their services is neither respected nor acknowledged. Through our collaboration with Carers Worldwide, we will make caring visible to the broader community, and support carers who do such a tremendous job caring for their loved ones.”

A. Livingston, President, Vasantham Federation

This year our network of partnerships has again expanded and we are now partnered with a total of **fifteen charity partners**: twelve NGOs across five states in India, two NGOs in Nepal and one in Bangladesh. We have further strengthened our collaboration with government agencies in India and Bangladesh and with other organisations working in the disability sector in Nepal.

This year, four of our long-standing partners – NBJK, SACRED, SAMUHA and LEADS Nepal – have transitioned to become **resource partners**. They will be sharing their **expertise and experience** of working with carers, with new Carers Worldwide partners and with service providers and government departments in their geographic areas. This confirmation of their commitment to carers and to including carers across all development activities, reinforces our vision of a world in which every carer is valued and every carers’ needs are met.

Together with our partners, we are proud of all that we have achieved during our first 10 years. Such achievements would not have been possible without the **belief and dedication** of our partners. We thank them for their **unwavering commitment** to carers and their families and look forward to the next 10 years of an even larger Carers Worldwide family.



TEN YEARS OF CARERS WORLDWIDE

We were delighted to celebrate our **10th anniversary** during the year and we marked this with various events.

Throughout the year, we ran a successful **webinar series** Carers: The Big Conversation which attracted a total of 329 participants and covered a variety of topics including Being a Carer, Young Carers, Carers' Mental Health and Well-being, Advocating for Carers, Livelihoods and Employment for Carers, and Giving Carers a Break. In each webinar, we also heard directly from our partners and carers in India, Nepal and Bangladesh and we were delighted to be able to bring their voices to a global audience.

£1 = £7.79

For every **£1** invested in Carers Worldwide, we generate **£7.79** worth of social value

We launched our **10 year impact report** at an exciting event in the State Room at 11 Downing Street in the company of many of our long-standing supporters. This independent report entitled 'Catalysing a Global Carers Movement: Ten years of transformative impact with family carers in South Asia' was written by MzN International who conducted a thorough review of our impact over our first 10 years, together with a calculation of the **social return on investment** of our Carers Worldwide Model. As a result, we are very proud to share that for every £1 invested, the Carers Worldwide Model has generated £7.79 of social and material return. MzN International also analysed the return on investment of individual elements of the Carers Worldwide Model.



"I am glad that a day was dedicated to the unpaid family carers. I participated in the programme and I am proud of it. I am grateful to the organisers for arranging such an event for us."

Sumathi, India



On 19th October 2022, unpaid family carers across India, Nepal and Bangladesh came together to celebrate **Carers Day** for the first time. It was a fantastic day and over 10,000 carers and their supporters joined forces to make their voices heard. Throughout the day, carers held rallies, formed human chains and submitted memoranda to their local government authorities, focusing on carers' issues, rights and needs. They also read out and signed our **Carers Charter**, showing recognition of and commitment to unpaid family carers. Over 5,800 people have now signed the charter, pledging to do what they can in their own spheres of influence to raise awareness of and support family carers. The charter remains open for people to sign on our website.



CARERS CHARTER

- We recognise that unpaid family carers play a central role in the well-being of the person they are caring for, in the community and in the functioning and economic prosperity of society.
- We uphold the right of unpaid family carers to equal opportunities in all aspects of their life, their community and their workplace and commit to advocating on their behalf.
- We commit to providing unpaid family carers with the information, support and training they need to assist them in their caring journey and to protect their own well-being.

BY COMMITTING TO THIS CHARTER, IN OUR OWN SPHERES OF INFLUENCE WE WILL:

- Promote the right of unpaid family carers to maintain their own physical and mental health, to maintain social connections and to engage in activities of their choice outside of their caring responsibilities.
- Support the right of unpaid family carers to combine caring with education, training and employment and advocate for them to be treated positively in the education and workplace.
- Advocate for the inclusion of unpaid family carers in welfare schemes and promote the development of new schemes which protect carers from economic hardship.

"Coming to this event I had lots of expectations because of the government officials that would be there to listen to us. After the event, we received a lot of respect from the government officials, and we have received the government's commitment for the future, so this is a great achievement for us and I am so happy."

Ranu Akther, Bangladesh

Socialisation and Peer Support
£1 = £11.25

Health and Well-being
£1 = £6.07

Livelihoods and Education
£1 = £6.70

Advocacy and Recognition
£1 = £7.18

COUNTRY FOCUS – INDIA

During this year, our work in India has expanded to **five states** and twelve charity partners. We are facilitating State Level Carers Forums in all five states in collaboration with our partners, carers, local government, local service providers and representatives from academic institutes and corporates. At national level, we are promoting the India National Alliance for Carers which will combine the voices of carers and communities at project level with those of national service providers and decision makers. Together, we are **changing the policy landscape** for carers.



Our work with partners Ekta, SPREAD and WORD in remote tribal parts of Odisha state, eastern India has brought **mental health support** to the doorsteps of families previously unreached. In collaboration with the government's District Mental Health Programme, over 2,500 people living with mental illness or epilepsy are now receiving regular medication and their carers have access to peer support and counselling.



Support from new and existing donors has meant that carers across Karnataka state in southern India are now able to **earn a regular income**, many of them for the first time since becoming carers. Livelihoods such as poultry rearing, vegetable growing, tailoring and producing leaf plates or recycled paper bags for local businesses, all have local markets and are **financially and environmentally sustainable**.



After starting work for the first time in Tamil Nadu state in southern India this year, with support from our newest partner Vasantham Federation, we have already influenced the state government to provide a monthly **carers allowance** payment to family members looking after a relative with high dependency care needs.

In close collaboration with our **Carers Worldwide India** colleagues, we have been lobbying hard to secure the understanding of policy makers about the needs of family carers, to ensure legislation aimed at supporting carers is enacted fully and to set up services for carers. This year has seen a number of gains including:

- ✓ Provision of a monthly carers allowance payment to carers looking after a disabled family member with high level needs: ✓ **Karnataka** ✓ **Tamil Nadu**
- ✓ Agreement to establish 6,500 carers groups run by local rehabilitation workers and supported by Carers Worldwide India: ✓ **Karnataka**
- ✓ Requests to submit policy recommendations to state governments: ✓ **Karnataka** ✓ **Odisha** ✓ **Andhra Pradesh**

Inspired by the work of our long-standing partner SACRED in the southeastern state of Andhra Pradesh, our more recent partner UETS has been focussing on the mental health and well-being of carers. We have been providing **regular training** to develop their skills to work with carers and to **lobby local government** to secure the rights of carers and people living with mental illness.



Archita's story

Archita is a young carer who cares for her little sister. Archita's family is being supported by our partner Shristi Special Academy in Bangalore. "I have been a part of every small achievement in my sister's life, which makes it more fun for her to learn new things. But I cannot relate to my friends who are siblings when they share their experience as a sibling." Through our partnership, Archita has been able to meet up with other sibling carers and share the joys and challenges of having a disabled sibling with other young people who understand.

Vijay's story

Vijay cares for his daughter who has learning and physical disabilities. He also has three other children and when we first met Vijay, he and his family were struggling financially, as he was not able to work.

Our partner NBJK suggested that he should join the Carers Group in his village. The other members of the group were able to offer Vijay emotional support as they had all experienced similar situations. Vijay received a loan from the Carers Group to start a goat farming business. He did well and after returning the first loan he took another to purchase a cow. Step by step, with the emotional and financial support he received from his Carers Group, his financial condition improved.

"Since I have joined the Carers programme, my problems have worked out. I got different work opportunities from which I have earned a good income. Now my family is regarded well in the community. People are inspired by seeing me and what I have achieved."



PARTNERS



COUNTRY FOCUS – NEPAL

We completed and evaluated our project carried out in partnership with Self Help Group Cerebral Palsy (SGCP) and funded by the National Lottery Community Fund. The evaluation found that:

- **significant improvements in carers' overall well-being**, including personal life, relationships, financial security, physical and mental health had been made
- **increased numbers of men** are now sharing in caring responsibilities
- **female carers have been empowered** to speak up for their rights and the rights of their family members

The Nawa Aagaman Samrchk Samaj Carers Association formed during the project is going from strength to strength and we will be supporting further skills development amongst its group of leaders, all of whom are family carers, to ensure the impact of the Association continues to grow.

Anita's story

Anita cares for her daughter Yunisha, who was diagnosed with Cerebral Palsy when she was 8 months old. When Anita's family members learned of her daughter's condition, they told her, "You can take her anywhere you want to, but we are not going to support you."



Through our partner SGCP, Anita has received support in many areas, but she says that the most important thing the project has provided her with, is a sense of community through her Carers Group. When Anita has faced hardships or illness, her friends from the Carers Group have been there for her. She says "If I call, my friends will come. They have offered help like a family would. The bond among the carers in my Carers Group is so strong. We offer support to each other."

"Before, carers did not realise that they are important. Now they have realised. Now carers are advocating for their rights and more than 300 government officials have joined with us. Now we are aiming to influence to the President of Nepal!" **Bimal Lal Shrestha, CEO of SGCP**



In partnership with SGCP and with funding from a generous individual donor, we established a **free telephone helpline for carers**, the first of its kind in South Asia. To date, the helpline has received 461 calls and provided information, advice and counselling to carers wherever they live in Nepal.

Our longstanding partner LEADS Nepal, which works in the west of Nepal, has become one of our first resource partners and is assisting us in the formation of the new **Nepal Alliance for Carers**. The Alliance is a group of NGOs, carers and stakeholders sharing a common aim of promoting the rights of family carers.

We have continued to support SGCP's **Community Caring Centres** which run in 25 locations across the Kathmandu Valley. 335 children are receiving education and therapy, while their carers can use their time to take a break, earn a living and connect with other carers.



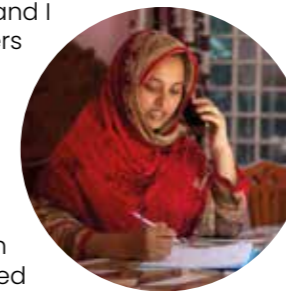
PARTNERS



COUNTRY FOCUS – BANGLADESH

Through our partnership with the Centre for Disability in Development (CDD), 50 community-based staff and carers have been trained as **barefoot counsellors** and are available to provide mental health support to over 1,000 carers in Savar district on the outskirts of Dhaka. Carers who were previously in distress have renewed hope for their futures, whilst the counsellors themselves now feel valued and empowered as a result of their new role.

"I talk to people over the phone and I enjoy talking to them. Many carers have no one who understands their pain and who will listen. I see the deep emotional changes that take place in their hearts when they share their sorrows with me. I have also seen a change in myself through being a barefoot counsellor. I used to suffer great anxiety, but now I have become more self-confident."



Roksana, Barefoot Counsellor and Carer

CDD staff and the carer representatives of the Savar Carers Association, set up as a result of our work in the district, have been **working closely with local government** officials to ensure disabled children and adults are receiving the benefits they are entitled to. These allowances mean families can now afford to pay for medical consultations and treatments for their disabled relatives and support their future health.

Along with CDD, we are now running **7 Community Caring Centres** across Savar district, providing education, therapy and social opportunities to 129 children with a range of disabilities who have been unable to access mainstream settings. Without the centres, the children are isolated at home, unable to access learning opportunities and meet other children, and their carers, usually mothers, are caring for them alone day in, day out. As well as helping the children, the centres have given carers the chance to socialise with other carers, have some much-needed time off, and in many cases take the opportunity to earn an income again.



Belly's story

Belly is a young mother of 2-year-old Shifa who has Erb's palsy and developmental delay. After Shifa's birth, Belly was blamed for her daughter's physical disability and ostracised within her family. She received no support and the family neglected Shifa's care, not even seeking treatment or a diagnosis for her. Belly brought Shifa along to one of our Community Caring Centres and for the first time received a diagnosis, started to get an understanding of her daughter's condition and how to help her development and, most importantly understood that she was not to blame. Shifa and Belly now attend the centre regularly and with physiotherapy and early developmental support, Shifa has started to reach out for objects, can now stand with support and her communication skills are developing. The attitude of Belly's family is changing. They are slowly accepting Shifa's condition and realising that she can learn and develop like other children.

"Shifa and I were completely excluded before. We were ignored and never invited anywhere. Now, Shifa is learning new skills and she can do so much more than before. I have a lot of hope for her future now, and I want to use what I have learned and help other carers. The centre has been a miracle for us."

Our newly formed **Bangladesh Alliance for Carers** is giving us the opportunity to collaborate with carers, service providers and government to build better lives for carers and their families. So far, we have been working together on advocating for a carers allowance and promoting the establishment of more Community Caring Centres.

PARTNER




Bringing hope, dignity and meaning to life


LEAVE NO CARER BEHIND: CARING AND THE 2030 AGENDA FOR SUSTAINABLE DEVELOPMENT


In collaboration with groups of carers and our partners across India, Nepal and Bangladesh, Carers Worldwide is making a critical contribution to the **Sustainable Development Goals** (SDGs). Family carers, who are mostly women, are found in all parts of society globally and without their full inclusion in programmes aimed at achieving the SDGs, the ambitious targets set by each


country to achieve an equitable and sustainable world for everyone will not be realised. Furthermore, inclusion in the push towards the SDGs can be viewed as a moral right. As a global society, we need to demonstrate our commitment to **'leave no-one behind.'** It is imperative that carers are not excluded.

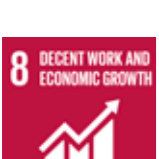
Carers Worldwide's contributions are cross-cutting several Sustainable Development Goals.


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1 NO POVERTY
Many carers cannot earn a living alongside caring which means their households face severe poverty. Our research with carers in South Asia has found that 92% of carers worry about not having enough money to meet their families' basic needs. We are **advocating for governments to provide a carers allowance** to ensure greater financial security. We are also empowering carers to access the allowances that their sick or disabled relatives are entitled to.
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3 GOOD HEALTH AND WELL-BEING
People living with disabilities and long-term health conditions often face difficulties accessing universal healthcare. Their carers frequently experience physical and mental health issues themselves alongside or because of caring responsibilities. We promote increased health and well-being and **improved access to quality healthcare** for carers and those for whom they care, by providing targeted training for local health professionals and strengthening existing government healthcare systems.
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4 QUALITY EDUCATION
Young carers with responsibilities for caring for a parent, sibling or other relative frequently face barriers in accessing the education system as a result of those responsibilities. We create awareness of the issues faced by young carers and the impact on their childhood and education. We train education professionals and support families to identify alternative caring options, meaning **young carers can return full-time to their education.**
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5 GENDER EQUALITY
The vast majority of carers are women and girls, and current attitudes towards care and caring serve to perpetuate gender inequality. Our mission to design, secure and deliver carer-specific services and policies aims to empower women and girls and is therefore a significant contribution to **achieving gender equality.**
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8 DECENT WORK AND ECONOMIC GROWTH
Our evidence shows that most carers are of working age. However, caring responsibilities prevent many of them from engaging in paid work and their contributions to economic security and growth are therefore lost for their families and to society. We advocate for **recognition of the time and skill involved in caring** and for classification of caring as a job where governments are running work guarantee schemes. For carers able to engage in additional work-related activities, we **invest in local carer communities** and enable access to training, equipment and business development support for carers.
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10 REDUCED INEQUALITIES
Carers are a vulnerable group who face inequality in comparison to the general population. There is also inequality among carers themselves: whilst all carers are impacted by the challenges of caring, carers from marginalised ethnicities, from less-developed regions, and with disabilities, experience greater challenges. Carers Worldwide focuses on carers in low- and middle-income countries and in particular on those living in rural areas and urban areas of deprivation. We advocate for the **recognition of carers as a protected group** whose social, economic and political inclusion should be prioritised.

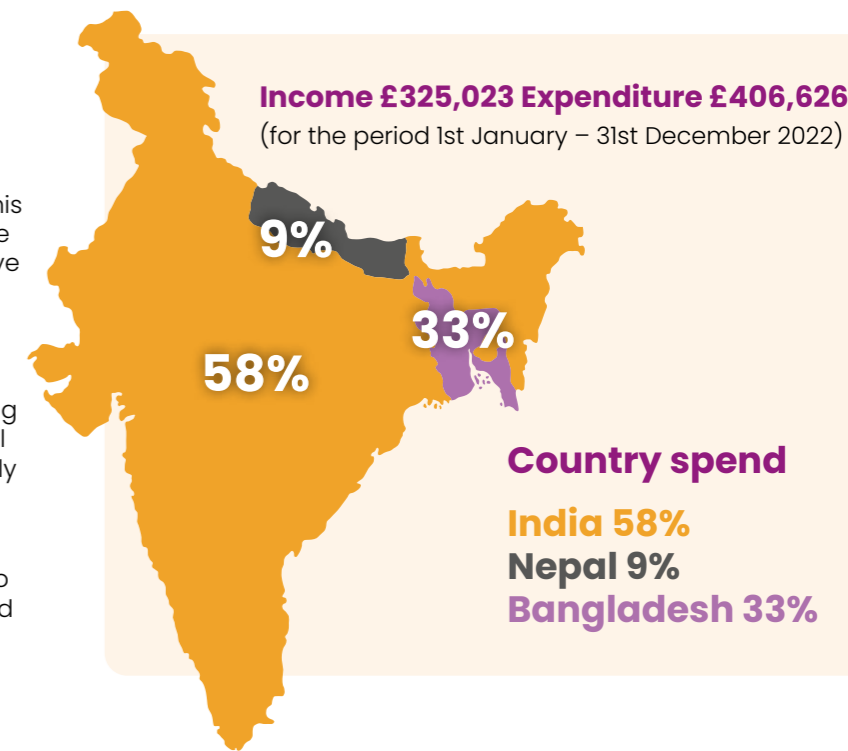
"Carers, by virtue of their caring trajectories, needs and experiences, touch multiple intersections of the Global Goals. Women, who make up the majority of carers, are of course regularly consulted to shape the programmes: what they want to work on is up to them, and they usually want to access livelihoods and economic independence. The Carers Worldwide Model ensures their involvement in food production and agriculture and they are in turn able to generate income and actively participate in the economy."

Chris Underhill, MBE, Carers Worldwide Ambassador

OUR FUNDING

We continue to depend on the generosity of donors and supporters in order to make the incredible impact that we have presented in this report, along with all the other activities that we have not had the space to write about. We have been working hard on diversifying our income streams to mitigate against the continued impact of aid cuts and unstable markets on the funding available for charities across the sector. We are pleased to have secured funding from new donors and from donors already well known to us. The number of individuals regularly donating and supporting our campaigns has also increased.

We extend heartfelt thanks and appreciation to all our supporters for their belief in our work and for their commitment to improving the lives of carers and their families.



Specific projects in India have been directly supported by funds raised from local Trusts and Foundations within India.



MASKATI TRUST MUMBAI



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